

Wellness Incentive Program

Fit Fest Rec Center | 9/11

SAFE Week: Alcohol Awareness LSC Mall | 9/25

SAFE Week: Sexual Health LSC Mall | 9/27

Recommit to Fit Rec Center | 10/9

Fresh Check Day LSC Mall | 10/25

Get Yourself Tested HKC MP3 | 11/14-15

Destress Fest LSC Atrium | 12/5

Flu Shot Clinics *Dates/locations listed online

Attend at least 3 of our events this semester in order to win a free prize and be entered in to our grand prize drawing!



Office of Health Promotion

STUDENT HEALTH CENTER
SAM HOUSTON STATE UNIVERSITY

Contact us: healthpromotion@shsu.edu